



Hidalgo County Adolescent Health

HIDALGO COUNTY TEEN BIRTHS, 2021

Teen Birth Rate per 1,000



Hidalgo: **30.2**
Texas: **20.3**
US: **13.9**

Teen Birth Count

Births to 10-14 year olds: **15**
Births to 15-17 year olds: **308**
Births to 18-19 year olds: **849**

18% of teen births in Hidalgo County are repeat births.

Total Teen Births (10-19) in Hidalgo County, 2021: 1,172

A baby is born to a teen mom in Hidalgo County every **8 hours**.

Disparities >>

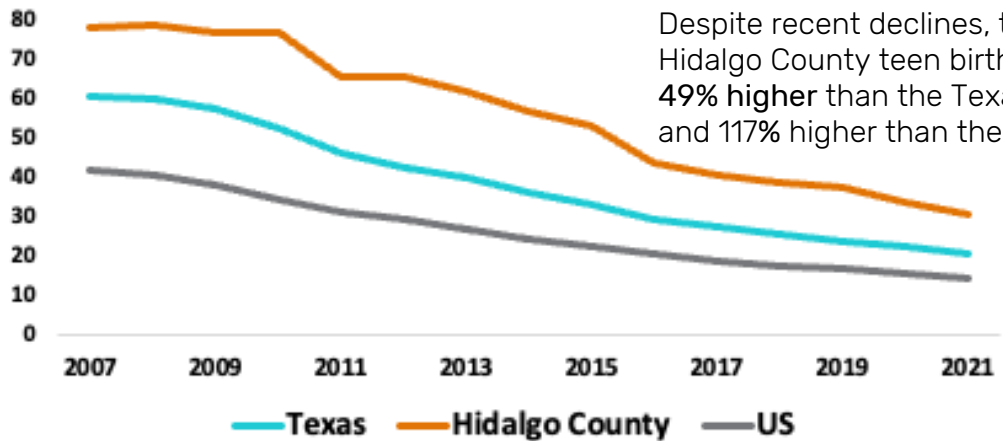
Factors such as access to health care, information, and economic opportunity can lead to disparities in teen birth rates.

Teen Birth Rate

	Hidalgo	Texas
Hispanic	32.0	28.2
Black	--	22.3
White	--	11.7
Asian	--	1.5

In 2021, 99.5% of teen births in Hidalgo County were to Hispanic teens.

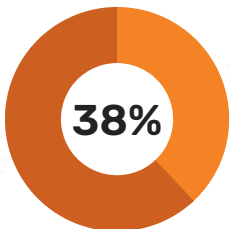
Teen Birth Rate per 1,000 Teens Aged 15-19



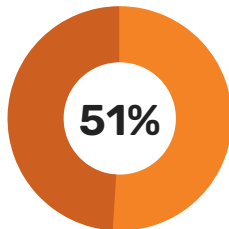
Non-Health Social Factors

Structural issues such as poverty and lack of access to health care can contribute to teen pregnancy rates.

Children Living in Poverty



Young Adults (19-26) Without Health Insurance



Sexually Transmitted Infections

Though teen pregnancy rates are declining, STIs are increasing among Texas youth. Some counties with low rates may simply be providing insufficient access to screening and treatment.

Reported STI Cases & Rates, Youth 15-24, Hidalgo County

	Count of new cases, 2020	Change from 2009	County rate compared to TX
HIV	16	-16%	-58%
Chlamydia	2,095	-4%	-28%
Gonorrhea	374	298%	-61%