The Texas Campaign
To Prevent Teen Pregnancy

HOW CAN I ACCESS REPRODUCTIVE HEALTHCARE?

One-third of young adults in Texas don't have health insurance, but if you know where to look for it, there are free or low-cost ways to access birth control, STI screening and treatment, pap smears, and other reproductive healthcare.

THE MARKETPLACE
Subsidized health insurance

Visit www.healthcare.gov to see if you qualify for low-cost health insurance. Full health coverage may be cheaper than you think!

TITLE X
Sliding scale clinics

There are about 200 Title X (pronounced Title Ten) clinics across Texas. These clinics offer reproductive healthcare services on a sliding scale and nobody is turned away for inability to pay. Teens under 18 don't need parental consent to get birth control at a Title X clinic. Use the QR code below to find a clinic.

HEALTHY TX WOMEN
State Program

More than 2,000 Texas doctors participate in Healthy Texas Women, which covers basic reproductive health care. To qualify, you must be a citizen or long-term legal resident, female, and have an income under 200% of the federal poverty level (about $25,000 for a single person). Use the QR code below to find a doctor.

FAMILY PLANNING
State Program

You can use this program if you are a Texas resident with an income under 250% of the federal poverty level (about $31,225 for a single person). The Family Planning program covers basic reproductive health care. Parental consent is required for minors. Use the QR code below to find a clinic.

WEB APPS
Quick low-cost delivery

For a low out-of-pocket cost (or for free with insurance), apps like Nurx and Pill Club let you order birth control, emergency contraception, STI screening kits, and HIV prevention medication online and have it mailed to your door. They'll take care of the prescription, too. You must be at least 18 to use these apps.

Find a Doctor

Scan the QR codes to find health clinics where you may be eligible for free or low-cost services.

Healthy Tx Women & Family Planning

Title X Clinic Finder