



healthy futures
OF TEXAS

Advancing informed sexual health decisions



2022 At a Glance



Youth Advocacy Day
State Capitol - Austin, Texas

Dear friends,

For Healthy Futures of Texas, 2022 proved to be a pivotal year. Three leading Texas teen pregnancy prevention organizations joined forces to reach more young Texans. The Texas Campaign to Prevent Teen Pregnancy (statewide), Ntarupt - North Texas Alliance to Reduce Unintended Pregnancy in Teens (Dallas) and Healthy Futures of Texas (San Antonio) merged to become the new Healthy Futures, a statewide organization with a mission to improve the well-being of young Texans through equitable access to sexual health education, contraception, and resources.

While our previous focus was on teen pregnancy prevention, the new Healthy Futures of Texas will continue to promote positive health outcomes for adolescents by expanding sexual health education and advocating for access to quality and affordable sexual and reproductive health services, including contraception. Through the merger, the new Healthy Futures of Texas is increasing the footprint of its impact in Texas. And, you are a part of this roadmap. Parents, caregivers and families, school-age youth, higher education, faith communities, school districts, community-based youth-serving organizations, and donors all have a critical role in achieving this goal. We are glad you have joined us on this journey. Thank you for your support.

Sincerely,



Evelyn Delgado

EVELYN DELGADO
Chief Executive Officer



Chris Kroeger

CHRIS KROEGER
Board Chair

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Our Mission

The mission of Healthy Futures of Texas is to improve the well-being of young Texans through equitable access to sexual health education, contraception, and resources.



Our Vision

Every woman and young Texan has access to the information and resources needed to make their own sexual health decisions.

Our Values

Equity, inclusivity, and respect • Community-centered
Innovation and curiosity • Outcomes-driven
Honesty, transparency, and accountability

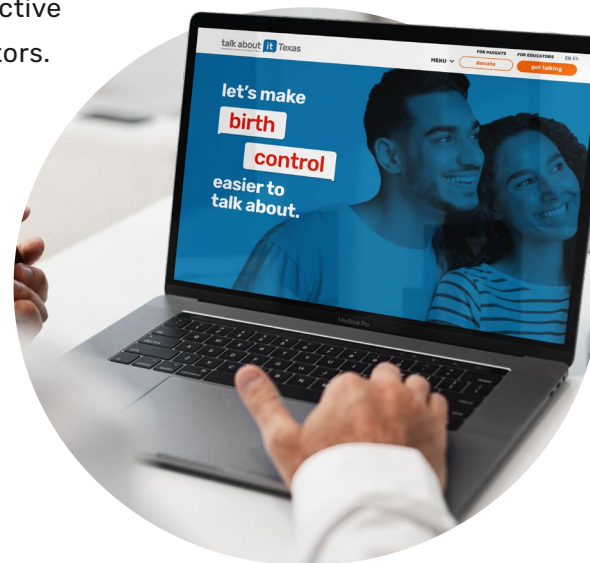
Rebranding

Healthy Futures of Texas (HFTX) now has a new look, a new website, and tagline: **advancing informed sexual health decisions.** We invite you to visit www.hftx.org.

In addition to HFTX, we have launched Talk About it Texas, a new statewide effort that gives young people safe spaces to learn and talk frankly about sexual and reproductive health with their friends, families, and educators.

Under this umbrella, we offer sex education programs for youth and parents at school, community, and faith-based organizations across the state, as well as a full range of evidence-based and evidence-informed sexual health curricula, and youth advocate groups. You can learn more at www.TalkAboutitTX.org.

The two new brands embody our spirit of innovation, collaboration, and inclusivity. They emphasize our commitment to improving the well-being of young Texans through equitable access to sexual health education, contraception, and resources.



“Working alongside you and your team has been an absolute pleasure, and I want to extend my heartfelt gratitude for the invaluable contributions you have made to our network prevention services. The teen pregnancy prevention programming provided through Healthy Futures has been nothing short of transformative, fostering an environment of growth and empowerment among our scholars.”

- Director of Physical Education and Athletics at Uplift Education

“My time in YA gave me the skills to be a powerful advocate, not just in sexual health or policy situations, but also when I need to advocate for my own needs or the needs of those I care about.”

- Participant in Youth Advocates Program

“The Film Contest sounded like a really great opportunity to be able to talk about something that mattered... I’ve been making films to have a voice.”

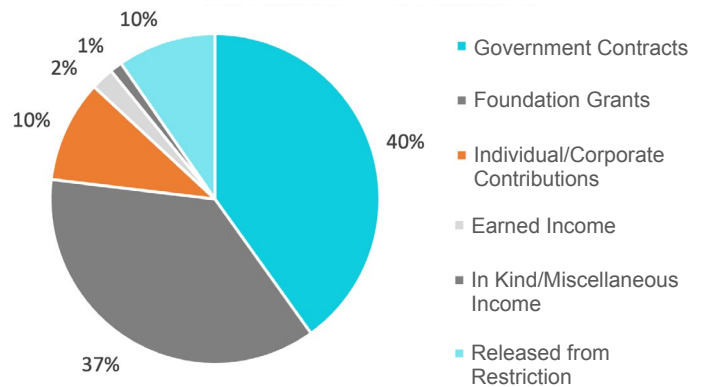
- Participant of the HFTX Annual Student Film Contest



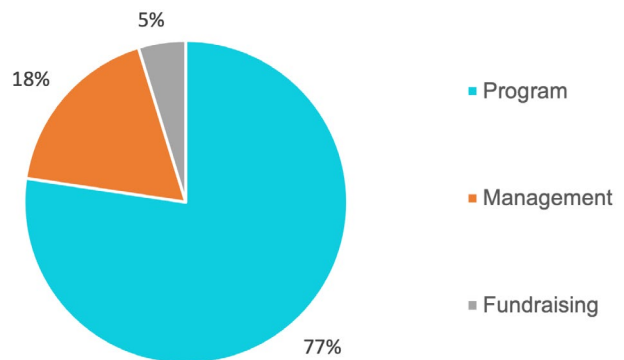
Financials

Combined 2022 Financial Summary

2022 Revenue: \$6.2 million



2022 Expenses: \$6 million



Post Merger Statement of Financial Position

Cash and Cash Equivalents	\$2,514,513
Other Current Assets	\$1,969,560
Other Assets	\$4,681
Total Assets	\$4,488,754
Liabilities	\$552,596
Net Assets	\$3,936,158
Total Liabilities & Assets	\$4,488,754

Full financials can be found at hftx.org/financials

»» Our Focus Areas

Healthy Futures of Texas is focusing on five strategies to improve sexual and reproductive health outcomes for young people and women. Through these strategies, we will increase impact, center equity, and deliver organizational excellence.

Health Education: Provide medically accurate and culturally relevant sexual education instruction for young people, parents, families, and other trusted adults in communities across the state. Develop curricula thoughtfully tailored to meet the unique needs of different age groups.

• *In 2022, we developed three new curricula and impacted 30,000 people through our health education programs and training, equipping them with sexual health knowledge and resources, including:*

- *Directly educating 2,500 young people across North, Central, and South Texas.*
- *Engaging with 900 college students in The Rio Grande Valley, San Antonio, and Austin.*
- *Training teachers in 10 different school districts, benefiting 17,000 students.*
- *Preparing 1,100 parents and caregivers to talk with their children about sexual health.*

• *In 2023, we are especially focused on increasing adult education efforts to expand our impact across the state.*

Training & Technical Assistance: Provide training and technical assistance for youth-serving professionals and administrators in healthcare, K-12, and higher education.

• *In 2022, we provided training and technical assistance to 1,300 youth and adolescent health professionals through events, webinars, and other training activities.*

Awareness: Share information about sexual health and promote awareness of the importance of improving sexual health outcomes for Texas youth and women.

• *In 2022, we ran targeted awareness campaigns across social media platforms and billboards, posters, and buses, centered around the subject of consent. We successfully reached an audience of over 811,000 individuals, driving 23.5 million impressions.*

Advocacy: Advocate for local and state policy priorities supported by data and the experiences of Texas youth and women.

• *In 2022, we laid the groundwork for the 88th Legislative session, developing policy priorities and conducting outreach with lawmakers.*

Research/Data: Conduct, analyze, and disseminate research and data relevant to sexual health outcomes of youth and women.

• *In 2022, we collaborated with UT Health Houston on an evaluation report surveying Texas school health representatives to assess the impact of new laws requiring parental permission for students to receive sex education.*

Two Key Initiatives



We believe that every Texas youth deserves the information they need for a lifetime of healthy relationships and positive sexual health outcomes. The Texas is Ready project supports Texas public and charter schools, school health advisory councils, and communities in the implementation of high-quality sexual health education.



Healthy Futures of Texas staffs and manages the Texas Women's Healthcare Coalition which consists of 88 healthcare, faith, and community-based member organizations dedicated to improving the health and wellbeing of Texas women, babies, and families by advocating for access to preventive healthcare for all Texas women. We spent the second half of 2022 finalizing a legislative agenda for the 88th session, and we hosted a provider listening session at the Texas Capitol. The event highlighted the experiences of nine public health clinics from across the state, with clinic leaders sharing the barriers they are currently facing related to the provision of family planning services. More than 20 legislative offices were in attendance.



2022 Event Highlights

7th Annual Film Contest, March 7

Students from Dallas schools used their creativity and passion to create impactful films that elevated their voices and sparked conversations about consent. A distinguished group of judges recognized and awarded the most exceptional pieces at the films' premiere.



11th Annual Statewide Symposium, April 24-27

We brought together 300+ youth-serving professionals to San Antonio for cutting-edge insights and best practices in adolescent sexual and reproductive health. Bursting with innovative sessions, interactive presentations, and captivating speakers, it fueled new ideas and inspiration.

Dallas Healthy Teen Conference, July 20

175 Dallas area middle and high school students learned about consent, teen dating violence, healthy relationships, and much more.

5th Annual South Texas Adolescent Health Summit in Harlingen, August 11-12

We provided advanced training, robust support, and access to a dynamic network of experts to 100+ professionals from the Rio Grande Valley, elevating their expertise in adolescent care.

Youth Advisory Board (YAB) – Town Hall for Teens, October 19

Hosted by our YAB and the Dallas Youth Commission, this event offered students a platform to voice their perspectives and address a spectrum of subjects, spanning from sexual health education curriculum to access to birth control, inclusivity, and beyond-abstinence approaches to sexual health.

Seventeen Days Party at The University of Texas Rio Grande Valley (RGV), November 1

We educated RGV college students about sexual and reproductive health in a fun setting.

Meet & Greet: San Antonio, Austin, and Dallas, November 14-17

Happy Hour events were provided as an opportunity for the HFTX leadership team to introduce themselves and meet local supporters.

Thank you to our generous supporters!

We are stronger together. Just as three organizations leveraged their strengths by merging, your partnership in our work--as donors, attendees at our events, and advocates for our work out in the community--creates greater opportunities for us to significantly and positively impact the well-being of young Texans. Thank you for all you have done to help provide equitable access to sexual health education, contraception, and resources. We look forward to all that we will continue to accomplish...together!

Follow us



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