

# healthy futures OF TEXAS

Advancing informed sexual health decisions

# Harris County **Adolescent Health**

A baby is born to a teen mom in Harris County every **3 hours.** 

## Disparities >>

Factors such as access to health care, information, and economic opportunity can lead to disparities in teen birth rates.

#### **Teen Birth Rate**

	Harris	Texas
Hispanic	26.7	28.7
Black	22.5	22.4
White	7.5	11.1
Asian	2.0	1.6

In 2021, the birth rate for Hispanic teens in Harris County was 3.2 times higher than white teens. This gap grew to 3.5 times higher in 2022.

## HARRIS COUNTY TEEN BIRTHS, 2022

#### Teen Birth Rate per 1,000



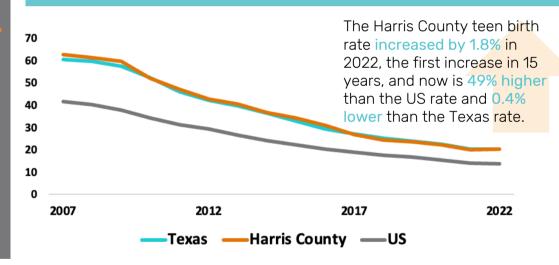
of teen births in Harris
County are repeat births.

#### **Teen Birth Count**

Births to 10-14 year olds: 53
Births to 15-17 year olds: 938
Births to 18-19 year olds: 2,394

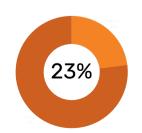
Total Teen Births (10-19) in Harris County, 2022: 3,385

### Teen Birth Rate per 1,000 Teens Aged 15-19

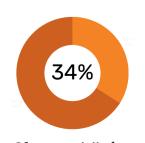


#### **Non-Health Social Factors**

Structural issues such as poverty and lack of access to health care can contribute to teen pregnancy rates.



Of Harris County children live in poverty



Of young adults (age 19-26) in Harris County don't have health insurance

#### **Sexually Transmitted Infections**

Though teen birth rates have declined in recent years, STIs are increasing among Texas youth. Some increase may be due to better screening, but data suggests actual rates are on the rise. A majority of new STI cases in Texas occur in youth aged 15-24.

#### 2021 Reported STI Cases & Rates, Youth 15-24, Harris

	Count of new cases, 2021	Change from 2020	% of Harris cases occurring in youth
Chlamydia	17,380	+14%	58%
Gonorrhea	6,343	+9%	48%
Syphilis	1,031	+28%	21%
HIV	274	-8%	24%