



# healthy futures OF TEXAS

Advancing informed sexual health decisions

# Hidalgo County Adolescent Health

A baby is born to a teen mom in Hidalgo County every **7.5 hours.**

## Disparities >>

Factors such as access to health care, information, and economic opportunity can lead to disparities in teen birth rates.

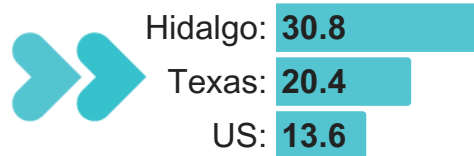
### Teen Birth Rate

	Hidalgo	Texas
Hispanic	32.6	28.7
Black	--	22.4
White	--	11.1
Asian	--	1.6

In 2022, 99% of teen births in Hidalgo County were to Hispanic teens.

## HIDALGO COUNTY TEEN BIRTHS, 2022

### Teen Birth Rate per 1,000



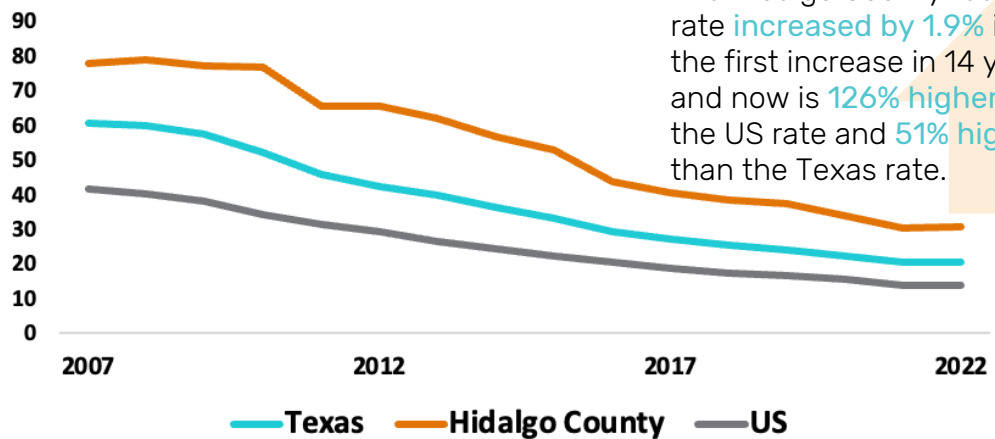
### Teen Birth Count

Births to 10-14 year olds:	15
Births to 15-17 year olds:	306
Births to 18-19 year olds:	867

**22%** of teen births in Hidalgo County are repeat births.

**Total Teen Births (10-19) in Hidalgo County, 2022: 1,188**

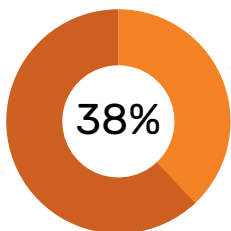
## Teen Birth Rate per 1,000 Teens Aged 15-19



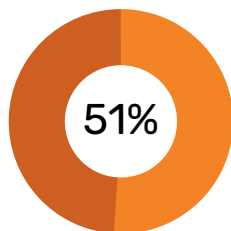
The Hidalgo County teen birth rate **increased by 1.9%** in 2022, the first increase in 14 years, and now is **126% higher** than the US rate and **51% higher** than the Texas rate.

## Non-Health Social Factors

Structural issues such as poverty and lack of access to health care can contribute to teen pregnancy rates.



Of Hidalgo County children live in poverty



Of young adults (age 19-26) in Hidalgo County don't have health insurance

## Sexually Transmitted Infections

Though teen birth rates have declined in recent years, STIs are increasing among Texas youth. Some increase may be due to better screening, but data suggests actual rates are on the rise. A majority of new STI cases in Texas occur in youth aged 15-24.

### 2021 Reported STI Cases & Rates, Youth 15-24, Hidalgo

	Count of new cases, 2021	Change from 2020	% of Hidalgo cases occurring in youth
Chlamydia	2,356	+12%	63%
Gonorrhea	451	+21%	51%
Syphilis	128	+36%	32%
HIV	31	+94%	28%