

Advancing informed sexual health decisions

HOW CAN I ACCESS REPRODUCTIVE HEALTHCARE?

THE MARKETPLACE

Subsidized health insurance

Visit www.healthcare.gov to see if you qualify for low-cost health insurance. Full health coverage may be cheaper than you think!

TITLE X

Sliding scale clinics

There are about 200 Title X (pronounced Title Ten) clinics across Texas. These clinics offer reproductive healthcare services on a sliding scale and nobody is turned away for inability to pay. Use the QR code below to find a clinic.

FAMILY PLANNING

State Program

You can use this program if you are a Texas resident with an income under 250% of the federal poverty level (about \$38,000 for a single person). The Family Planning program covers basic reproductive health care. Parental consent is required for minors. Use the QR code below to find a clinic.

One-third of young adults in Texas don't have health insurance, but if you know where to look for it, there are free or low-cost ways to access birth control, STI screening and treatment, pap smears, and other reproductive healthcare.

HEALTHY TX WOMEN

State Program

More than 2,000 Texas doctors participate in Healthy Texas Women, which covers basic reproductive health care. To qualify, you must be a citizen or long-term legal resident, female, and have an income under 204% of the federal poverty level (about \$30,000 for a single person). Use the QR code below to find a doctor.

WEB APPS

Quick low-cost delivery

For a low out-of-pocket cost (or for free with insurance), apps like Nurx and Pill Club let you order birth control, emergency contraception, STI screening kits, and HIV prevention medication online and have it mailed to your door. They'll take care of the prescription, too. You must be at least 18 to use these apps.

Find a Doctor

Scan the QR codes to find health clinics where you may be eligible for free or low-cost services.

Healthy Tx Women & Family Planning



Title X
Clinic Finder

