

8TH Annual South Texas
Adolescent Health Summit

AUG 27 - 28, 2025 • MISSION EVENT CENTER

Don't miss the chance to join professionals from the Rio Grande Valley to receive advanced training and technical support and access a network of experts with the latest information and best practices around adolescent development, positive youth development, adolescent-friendly services, and how to apply the quality components of care through the stages of adolescence.



register
now



1-Day (In Person) AUG 27	1-Day (Virtual Only) AUG 28
Registration Fee: \$75 (Includes breakfast & lunch + CE Certificate)	
Continuing Education Credits: up to 8 hrs total	

rate/
CEUs



Pastor Nick Maddox
BT Church
Keynote Speaker



Diana Almaguer, PhD
BCFS Health and Human Services-Rio Grande Valley



Julie Bazan, PhD, MHA, CHW - Area Education Center of Mid Rio Grande Border Area



Jen Biundo, MPaff, CPH - Healthy Futures of Texas



Darius Buggs
Healthy Futures of Texas



Marina Cazares, MS, CHES - Healthy Futures of Texas



Loren Clark
UTRGV School of Medicine



Josue D. Cuellar
Food Bank of the Rio Grande Valley



Rabbi Nathan Farb
Temple Emanuel



Fatima Garza
Ruido Studios



Jackie Joy Ho-Shing, CHW
Access Esperanza



Denise Lewis, CHW
Healthy Futures of Texas



Pastor Ali Lopez-Valcarcel
United Church of Christ RGV



Jaira Loyde
PCI Coalition/BHSST



Dani Marrero
Ruido Studios



Alma C. Martinez, LMSW
Women Together/Mujeres Unidas



Sophia Montemayor, CHES -- Healthy Futures of Texas



Pastor Mat Moreno
BT Church



Sophie O'Hare
Saint James School of Medicine



Candace Robledo, PhD, MPH
UTRGV School of Medicine



Aaron Salinas, DNP, APRN, FNP-BC, PMHNP-BC
UTRGV School of Nursing



Kayleigh Thomas, MS
Healthy Futures of Texas



Laura Torres
Campesinos Sin Fronteras



Leslie Valadez
Campesinos Sin Fronteras

speakers

WEDNESDAY, AUGUST 27 | IN PERSON

8:30 AM - 9:30 AM	Registration & Coffee with Exhibitors	
9:30 AM - 10:00 AM	Opening Keynote	
10:00 AM - 10:45 AM	Exhibitors	
	SESSION A	SESSION B
10:45 AM - 11:45 AM	AI and Technology	Young Men's Health
11:45 AM - 1:15 PM	Lunch (Provided), Loteria & Exhibitors	
1:15 PM - 2:15 PM	Human Trafficking	Peer Program in a Border Community
2:15 PM - 3:15 PM	The STI Files: Uncovering the Trends	Empowering Conversations: Addressing Sexual Violence, Body Autonomy, and Prevention Across Cultures and Communities
3:15 PM - 3:45 PM	Snack with Exhibitors	
3:45 PM - 4:45 PM	Lone Star Legislation: The Latest from Texas Lawmakers	How to Market on Social Media to Teens and Young Adults
4:45 PM - 5:30 PM	Sex Ed for Adults	
5:30 PM	End of Day 1	

THURSDAY, AUGUST 28 | VIRTUAL ONLY

	SESSION A	SESSION B
9:00 AM - 10:00 AM	Reshaping Conversations: Language, Practices and Strategies for Change	Puberty - More than Periods and Pimples
10:30 AM - 11:30 PM	Menstrual Health	Resources for Young People
1:00 PM - 2:00 PM	Bridging Belief and Well-Being: An Interfaith Dialogue on Youth Health	
2:00 PM	End of Day 2	

*Schedule subject to change

schedule at a glance*

thank you to our sponsors



Texas Department of State Health Services



DSHS South Texas
Public Health Region 11 Serving You



questions?

contact Melanie Chasteen
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www.stxsummit.org