

8TH Annual South Texas Adolescent Health Summit

AUGUST 27 - 28, 2025 • MISSION, TEXAS

2025 IMPACT REPORT

Healthy Futures of Texas hosted our 8th Annual South Texas Adolescent Health Summit on August 27-28, 2025, where registration sold out twice, showing the community's strong commitment to adolescent health and wellbeing. The Summit highlighted the power of collective impact to expand access, strengthen care, and create lasting change.

SUMMIT BY THE NUMBERS



27
Speakers



15
Sessions



175+
Participants



6
Types
of CEs



285+
Hours of
CEs earned



97%
Overall Event
Satisfaction



23
RGV
Cities

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Health and Human
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DHR Health



DSHS South Texas

Public Health Region 11 Serving You



Have questions?

Contact:
mChasteen@healthy
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hftx.org

Healthy Futures of Texas (HFTX) is a non-partisan, non-profit organization committed to improving the well-being of young Texans through access to sexual health education, contraception, and resources. By addressing the increasing barriers that young people in Texas face, HFTX aims to advance access to quality sex education, contraception, and sexual healthcare and expand into related areas of young adult health. **Learn more at <https://hftx.org>.**

FEATURED SPEAKERS



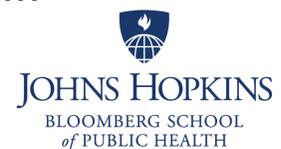
MOST ATTENDED SESSIONS

-  **Challenging the Status Quo:** This session explored how a reproductive justice lens can center youth—especially youth of color—in sexual and reproductive health by promoting practices and policies that better serve the needs of diverse youth.
-  **Collaborating for Comprehensive Sexual and Reproductive Health on a College Campus:** This panel discussion highlighted campus partnerships that expand student access to sexual and reproductive health through innovative, on-the-ground programs.
-  **Breaking Barriers: Empowering Adolescent Health:** This session explored barriers to adolescent health—especially in underserved communities—and offered practical, culturally competent strategies to improve access and support youth well-being.

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SARA AND GARY AHR



Bloomberg American Health Initiative

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