

New Ways Forward



2025

IMPACT REPORT



Evolving to Meet the Moment

Dear Friends,

In 2025, Healthy Futures of Texas reached an important milestone as we completed the strategic plan launched following our 2022 merger. Over the past three years, we have built a stronger, more connected organization capable of helping communities across Texas connect to education, resources, and support.

Together with our partners, supporters, and communities, we not only met many of the goals outlined in that plan, but in several areas exceeded them. Through institutional partnerships, direct education, professional training, advocacy, and statewide awareness efforts, Healthy Futures of Texas strengthened its ability to respond to evolving community needs across the state.

Throughout 2025, a year marked by uncertainty and rapid change, Healthy Futures of Texas continued moving this work forward by adapting to changing realities, strengthening partnerships, and evolving how we connect communities to trusted education and support. At the same time, the realities facing young people continue to evolve. Digital spaces increasingly shape how youth access information, build relationships, and make decisions about their health and well-being. As those realities change, so must the ways organizations like ours connect with our communities.

Thank you for being part of this work and for helping us continue building meaningful connections across Texas.

Sincerely,



Ginger Mullaney
Ginger Mullaney
President & CEO



Adelina Silva
Dr. Adelina Silva
Board Chair

STRATEGIC PLAN HIGHLIGHTS 2023–2025



1.4M

students reached through institutional partnerships

46

school and district partners

25

higher ed campuses engaged



58,374

youth and community members reached directly



7,287

youth-serving professionals trained



56.6M

views of our messaging across our platforms



1.09M

website visits

BOARD OF DIRECTORS

Dr. Adelina Silva, **Board Chair**
Terry Greenberg, **Vice Chair**
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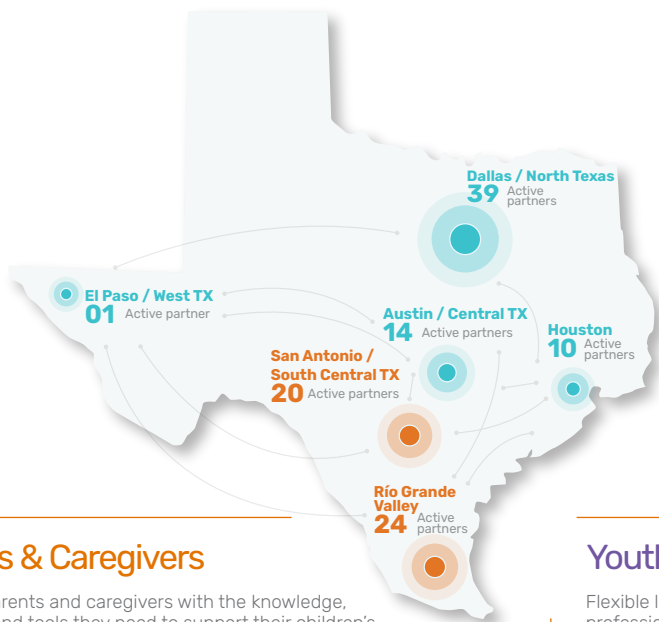
Fay Lidji
Trevon Oliver
Savita Rai
Mitch Rosen

Elysia Trevino-Gonzales
Dr. Lindsey Vasquez
Kwentoria Williams
Jordan Wondrack Zaidi

Expanding Access Through Partnerships and Education

We partner across Texas with schools, colleges, clinics, and community organizations to provide evidence-based education and trusted support for young people and families.

“ Before this, I thought I was the only one with questions. It turns out everyone has them. We just needed a safe space to ask.
 – Student participant



108 Partner organizations

10 School districts + charters + private schools

61 Higher education campuses and community partners

37 Clinics

450k+ Students reached

Youth Learners

We provide young people with trusted, age-appropriate education that supports informed decision-making, healthy relationships, and overall well-being.



5,452 Students served through Health Education.

92% Reported increased knowledge and confidence accessing trusted health information and support resources.

436,919 Students reached through the professionals we trained.

Parents & Caregivers

We equip parents and caregivers with the knowledge, resources, and tools they need to support their children’s health, well-being, and development.



Enhancing Our Parent Education

Through a partnership with the Theory & Innovation Support Hub (TISH), we refined and strengthened “Key Conversations”, our parent education curriculum, and expanded access through a new Spanish-language version.

227 Parents & caregivers served.

85% Reported feeling very confident discussing healthy relationships and sexual health with their child after participating in our parent programming.

Youth-Serving Professionals

Flexible learning opportunities designed to meet professionals where they are through in-person, virtual, and self-paced formats.



1,074 Number of youth-serving professionals trained.

1,028 Continuing Education hours provided

34 Districts/schools served

Launched **HFTX Classroom**, a new digital learning platform with **nine courses**.

Our Advocacy In Action

Through legislative engagement, coalition building, and community partnerships, we work to advance policies that improve health outcomes and expand access to care, education, and opportunity for young people, women, and families across Texas.



“ Before I joined Youth Advocates, I thought health education was just another school subject. This program gave me more than facts. It gave me the power to make decisions that protect my future and the life I want to have. - Youth Advocate, Dallas

“ The resources, mentors, and experiences I gained through Youth Advocates shaped my confidence and how I will serve my community in the future.” - Youth Advocate, San Antonio

Adolescent Health Advocacy



35

Priority bills tracked to safeguard and expand access to sexual health education and healthcare for Texans.



50+

Legislative meetings conducted to advance policies supporting adolescent health.



34

Youth Advocates engaged in civic action and policy advocacy.

Youth Advocates empowers high school students to develop leadership skills, take civic action, and become advocates for adolescent health in their communities.

Texas Women’s Healthcare Coalition (TWHC)

Policy Wins

Helped secure approximately **\$475 million** in women’s health funding over the biennium

Advanced a **\$20 million** investment in Mobile Health Care Units across Texas

Achieved a **50% increase** in Texas AIM funding to support maternal health and reduce preventable maternal deaths

Bills Supported

8 Bills Advancing Women’s Health Priorities

- Access to birth control for all Texas women
- Improving maternal health
- Supporting the healthcare provider workforce

78

Coalition partners statewide

Research & Data

We generate and share timely, relevant data to inform policies, programs, and community initiatives that improve outcomes for young people.

40

Fact sheets developed to provide local adolescent health data to support advocacy and community education.



Explore our data resources and fact sheets. **SCAN TO VIEW**

Creating Connection, Conversation, and Community



Youth Voices, Real Conversations

Student Film Contest

10
Years of
Impact

\$1M+ Raised Cumulatively

Supporting Healthy Futures of Texas programs and initiatives across Texas

2025 Prompt:

"What do you wish adults better understood about relationships and sex?"

Watch the Past Winning Films



DIGITAL ENGAGEMENT & AWARENESS



5.3 M

views of our messaging across our platforms



735K

Website visits



1.4M

Video Views

Regional Events That Strengthen Communities



SYMPOSIUM ON ADOLESCENT HEALTH

Hosted in Dallas in collaboration with **Trust Her**, the 2025 Symposium convened 250+ professionals to explore innovative approaches to adolescent and women's reproductive health.

80+ speakers • 36 sessions • 98% satisfaction



SOUTH TEXAS ADOLESCENT HEALTH SUMMIT

Hosted in Mission, Texas, the 2025 Summit sold out twice, bringing together professionals from across the Rio Grande Valley to advance adolescent health and strengthen community wellbeing.

175+ participants • 27 speakers • 97% satisfaction

TeensDaySA & RGV TeenFest

Hosted annually in San Antonio and the Rio Grande Valley, these youth-led events connect young people and families with trusted resources, health education, and community support.

200+ youth, families, and community partners



Voices From Our Community



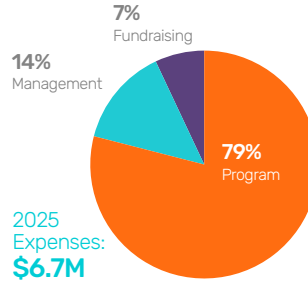
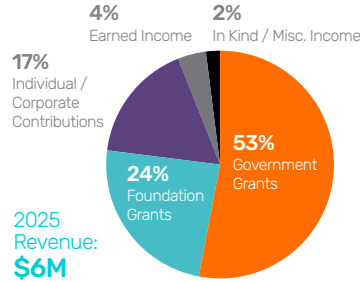
You've given me tools to listen to my family more openly and respond with more patience and understanding. - Parent Participant, Dallas



Healthy Futures gives young people the knowledge and confidence to advocate for themselves and make informed decisions about their futures. - Youth-Serving Professional, San Antonio

Financial Overview

Your support drives meaningful change across Texas.



Statement of Financial Position

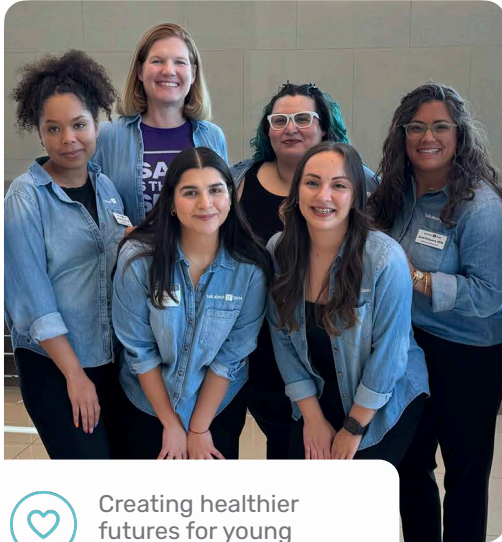
Cash and Cash Equivalents	2,090,456
Other Current Assets	878,439
Other Assets	107,027
Fixed Assets	107,753
Total Assets	3,183,675
Liabilities	588,892
Net Assets	2,594,783
Total Liabilities & Assets	3,183,675

Full financials can be found at hftx.org/financials

Thank You to Our Supporters.

Thank you to the youth, families, educators, healthcare providers, community partners and supporters whose commitment helps create healthier futures for young Texans.

We are especially grateful for our lead supporters listed below.



Creating healthier futures for young Texans.

Anonymous (2)

Sara & Gary Ahr



ROCKWELL FUND

