

9TH Annual South Texas
Adolescent Health Summit

AUGUST 25-26, 2026 • BROWNSVILLE EVENT CENTER

Don't miss the chance to join professionals from the Rio Grande Valley to receive advanced training and technical support and access a network of experts with the latest information and best practices around adolescent development, positive youth development, adolescent-friendly services, and how to apply the quality components of care through the stages of adolescence.

register
now



DAY(S)	RATE	WHAT'S INCLUDED
Virtual Only Aug. 25, 9am-2:15pm (virtual)	\$25	up to 3.75 CE hours in multiple disciplines.
Full Program Aug. 25 9am-2:15pm (virtual) Aug. 26, 9am-5pm (in person)	\$75	breakfast, lunch & up to 8 CE hours in multiple disciplines.

rates/
CEUs



Opening Keynote: Cindy Salazar-Collier, PhD, MPH
Texas A&M International University



Diana Almaguer, PhD
BCFS Health & Human Services



Flor Avellaneda, PhD, MSW
UT Rio Grande Valley



Jen Biundo, MPaff, CPH
Healthy Futures of Texas



Darius Buggs, CHW-I
Healthy Futures of Texas



Marina Cazares, MS, CHES
Healthy Futures of Texas



Alyssa Chavarilla
Valley AIDS Council



Cally Conklin, JD
Crime Stoppers



Jenny Davalos, LVN, ACLPN, FPHW
Valley AIDS Council



Lucas Espinoza, PhD, CHW, CHW-I
UT Rio Grande Valley



Luis Espinoza, PhD, MPH, MCHES, CPH, CHW, CHW-I, Texas A&M Corpus Christi



Jackie Joy Ho-Shing, MAEd, CHW, Access
Esperanza Clinics



Denise Lewis, CHW, CHW-I, Healthy
Futures of Texas



Dora Martinez, MD, MD, FAAFP, AAHIVS
ViiV Healthcare



Kim Nguyen-Finn, LPC-S, UT Rio
Grande Valley



Angela Vallejo, CHW, Health Educator

speakers

TUESDAY, AUGUST 25 | VIRTUAL

SESSION A

SESSION B

9:00 AM - 10:15 AM	The Importance of Community Health Workers in Sexual and Reproductive Health	Online Solicitation Prevention
10:45 AM - 12:00 PM	Best Practices and Legal Boundaries for Adults Facilitating K-12 Conversations	TBD
1:00 PM - 2:15 PM	Mental Health & Youth in the Juvenile Justice System	Demystifying STI Testing, Positive Results, and Next Steps
2:15 PM	End of Day 1	

WEDNESDAY, AUGUST 26 | IN PERSON ONLY

SESSION A

SESSION B

8:30 AM - 9:00 AM	Registration & Coffee with Exhibitors	
9:00 AM - 9:30 AM	Keynote - Mentoring the Next Generation	
9:30 AM - 10:00 AM	Exhibitors	
10:00 AM - 11:00 AM	Love, Power, and Risk: Healthy Relationships and Sexual Health for Latina Youth	High Stakes, Young Minds: The Hidden Reality of Youth Gambling Today
11:00 AM - 11:15 PM	Short Break with Exhibitors	
11:15 PM - 12:15 PM	Addressing Barriers to Psychological Well-Being in Hispanic Adolescents	Empowering Youth Through Meaningful Engagement and Sexual Health Education
12:15 PM - 1:30 PM	Lunch (Provided) & Loteria	
1:30 PM - 2:30 PM	Reclaiming Agency Through Education - Supporting Latina Teen Mothers in Texas Post-Secondary Schooling	Translating STI and Contraceptive Research into Practice for Youth-Serving Professionals
2:30 PM - 3:00 PM	Snack with Exhibitors	
3:00 PM - 4:00 PM	A Status Neutral Approach to HIV Prevention and Care in the Texas Border Region	Navigating Critical Services and Safe Re-entry for Exploited Children
4:00 PM - 4:15 PM	Short Break	
4:15 PM - 5:00 PM	Sex Ed for Adults Trivia with Prizes	
5:00 PM	End of Day 2	

*Schedule subject to change.

schedule at a glance*

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LEGACY FOUNDATION

questions?

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www.stxsummit.org