

9TH Annual South Texas
Adolescent Health Summit

AUGUST 25-26, 2026 • BROWNSVILLE EVENT CENTER

Don't miss the chance to join professionals from the Rio Grande Valley to receive advanced training and technical support and access a network of experts with the latest information and best practices around adolescent development, positive youth development, adolescent-friendly services, and how to apply the quality components of care through the stages of adolescence.



register
now



DAY(S)	RATE	WHAT'S INCLUDED
Virtual Only Aug. 25, 9am-2:15pm (virtual)	\$25	up to 3.75 CE hours in multiple disciplines.
Full Program Aug. 25 9am-2:15pm (virtual) Aug. 26, 9am-5pm (in person)	\$75	breakfast, lunch & up to 8 CE hours in multiple disciplines.

rates/
CEUs



Opening Keynote: Cindy Salazar-Collier, PhD, MPH
Texas A&M International University



Matthew Atterberry, EdD, Valley Association Independent Living



Diana Almaguer, PhD, BCFS Health & Human Services



Flor Avellaneda, PhD, MSW
UT Rio Grande Valley



Jen Biundo, MPaff, CPH – Healthy Futures of Texas



Darius Buggs, CHW-I
Healthy Futures of Texas



Marina Cazares, MS, CHES – Healthy Futures of Texas



Elias Cantu Jr., BS
Valley AIDS Council



Alyssa Chavarrilla
Valley AIDS Council



Cally Conklin, JD
Crime Stoppers



Jenny Davalos, LVN, ACLPN, FPHW
Valley AIDS Council



Lucas Espinoza, PhD, CHW, CHW-I
UT Rio Grande Valley



Luis Espinoza, PhD, MPH, MCHES, CPH, CHW, CHW-I, Texas A&M Corpus Christi



Jackie Joy Ho-Shing, MAEd, CHW, Access Esperanza Clinics



Denise Lewis, CHW, CHW-I, Healthy Futures of Texas



Dora Martinez, MD, FAAFP, AAHIVS
ViV Healthcare



Armando Molina, CHW-I, Valley AIDS Council



Kim Ngyen-Finn, LPC-S, UT Rio Grande Valley



Angela Vallejo, CHW, Health Educator

speakers

TUESDAY, AUGUST 25 | VIRTUAL

SESSION A

9:00 AM - 10:15 AM

The Importance of Community Health Workers in Sexual and Reproductive Health

10:30 AM - 11:45 AM

Everything Sucks and I Hate it Here: Preserving Your Mental Health in Advocacy Work

1:00 PM - 2:15 PM

Beyond the Behavior: What Teens Want Us to Know

2:15 PM

End of Day 1

SESSION B

Online Solicitation Prevention

Strategies Adolescents/Young Adults Can Utilize in Avoiding Sexual Harassment in the Workplace

Demystifying STI Testing, Positive Results, and Next Steps

WEDNESDAY, AUGUST 26 | IN PERSON ONLY

8:30 AM - 9:00 AM

Registration & Coffee with Exhibitors

9:00 AM - 9:30 AM

Keynote - Growing Here, Giving Back: Mentoring the Next Generation in the Rio Grande Valley

9:30 AM - 10:00 AM

Exhibitors

SESSION A

10:00 AM - 11:00 AM

Love, Power, and Risk: Healthy Relationships and Sexual Health for Latina Youth

11:00 AM - 11:15 PM

Short Break with Exhibitors

11:15 PM - 12:15 PM

Addressing Barriers to Psychological Well-Being in Hispanic Adolescents

12:15 PM - 1:30 PM

Lunch (Provided) & Loteria

1:30 PM - 2:30 PM

Reclaiming Agency Through Education - Supporting Latina Teen Mothers in Texas Post-Secondary Schooling

2:30 PM - 3:00 PM

Snack with Exhibitors

3:00 PM - 4:00 PM

A Status Neutral Approach to HIV Prevention and Care in the Texas Border Region

4:00 PM - 4:15 PM

Short Break

4:15 PM - 5:00 PM

Sex Ed for Adults Trivia with Prizes

5:00 PM

End of Day 2

*Schedule subject to change.

SESSION B

High Stakes, Young Minds: The Hidden Reality of Youth Gambling Today

Empowering Youth Through Meaningful Engagement and Sexual Health Education

Translating STI and Contraceptive Research into Practice for Youth-Serving Professionals

Navigating Critical Services and Safe Re-entry for Exploited Children

schedule at a glance*

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LEGACY FOUNDATION

questions?

contact Jonathan Hernandez
jonhernandez@healthyfutures-tx.org

www.stxsummit.org